

Involve Kent Young Adult Carers Service West Kent

Do you help look after a relative or friend who could not manage without your support?

Are you aged 16-24?

Then you are an Young Adult Carer (YAC)

Involve can support with:

1:1 emotional support

Advocacy

Information, Advice & Guidance

Monthly Meetup Groups

Activities

Training

Education support



involve

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On behalf of

**Kent
County
Council**
kent.gov.uk

