

Activity Volunteer

Activity Volunteers support the Actively Involved team to run activities for people aged 55 and over to improve their health and/or wellbeing.

Tasks & activities:

Activity Volunteers will be involved in the running of social activities, based on their interests this could include, coffee mornings, lunch clubs, crafts groups, games groups, theatre trips and day trips to a variety of venues.

As an Activity Volunteer you might work alongside one of our Community Activity Co-ordinators and assist them to set up new activities and welcome new people to the group, help to make them feel comfortable and included.

You might like to join us on a variety of theatre trips or day trips, travelling on a coach with vulnerable clients and providing support and reassurance.

This role is really about being friendly, welcoming and supportive so that everyone has an enjoyable time at whatever activity they do.

Date and time: This is flexible, dates and times varying depending on the activities and day trips.

Place: Various – based around West and North Kent.

Transport: Own transport is desirable but not essential. We will cover your mileage and parking expenses related to any activities that you support us with in your volunteering role.

Skills required: Good listening skills, supportive, reliable, motivated, organised. Experience of working with the over 55s and people with disabilities desirable but not essential.

Benefits offered:

1. Mandatory training is provided and additional training relating to your volunteer role is offered.
2. Travel expenses are provided, these cover mileage and parking costs.
3. Food & drink expenses are reimbursed if you attend a coffee morning, lunch club or day trip.
4. Full insurance cover
5. Regular Volunteer Events
6. Volunteer Newsletter
7. Support from the Volunteer Co-ordinator
8. Volunteers Week and Christmas events

To discuss volunteering opportunities further, you can call us on 03000 810005 or send us an email at volunteering@involvekent.org.uk